

List of Resources to Refer Undergraduates

As a teaching assistant/and or graduate instructor at Penn State, you may be asked for advice or help regarding issues that are of a professional or personal nature. Below is a list of resources for students in need of advice or consultation. This list may be included in a folder on ANGEL.

For students who are struggling with depression, eating disorders, substance abuse, anxiety, or sexual abuse:

Counseling and Psychological Services (CAPS)

<http://www.sa.psu.edu/caps/about.shtml>

501 Student Health Center

(814) 863-0395

CAPS provides group and individual counseling, crisis intervention, and psychological and psychiatric evaluations for undergraduate and graduate students. Services can help students resolve personal concerns that may interfere with their academic progress, social development and satisfaction at Penn State. CAPS provides help with mood disorders, anxiety disorders, life circumstance problems, substance abuse, eating disorders, personality disorders, and sexual abuse.

For female students who have experienced sexual or domestic violence:

Center for Women Students

<http://www.sa.psu.edu/CWS/>

204 Boucke Building

(814) 863-2027

cws@sa.psu.edu

The Center for Women Students serves the needs of women students through advocacy, information about women's issues, educational programming, services and referrals, and coordination with existing groups at Penn State.

Center County Women's Resource Center (CCWRC)

<http://www.ccwrc.org/>

140 W. Nittany Avenue

(814) 234-5050

edteam@ccwrc.org

The Centre County Women's Resource Center provides services for people who have experienced domestic or sexual violence. Counselor/Advocates are available 24 hours a day. There is no cost and all services are private.

Dawn Miller

Schreyer Institute for Teaching Excellence □ Penn State □ 301 Rider Building II □ University Park, PA 16802
www.schreyerinstitute.psu.edu

For students who have experienced acts of hate or intolerance:

Zero Tolerance for Hate Penn State Support Network

<http://www.equity.psu.edu/>

314 Old Main

(814) 865-5906

The Zero Tolerance for Hate Penn State Support Network provides assistance to all students in the University community who feel they are victims of discrimination.

For students needing medical advice or attention:

University Health Services

<http://www.sa.psu.edu/uhs/>

Student Health Center

Advice Nurse (24/7): (814) 863-4463

Appointments: (814) 863-0774

University Health Services provides a wide range of health services from immunizations, prescription refills, clinical services, to health promotion.

For lesbian, gay, bisexual, or transgender students seeking support coming out, counseling, and other services:

LGBTQ Student Resource Center

<http://www.sa.psu.edu/lgbt/>

101 Boucke Building

(814) 863-1248

lgbta@psu.edu

The LGBTQ Student Resource Center mission is to assist the entire Penn State University community in ensuring the inclusion of LGBTQ persons and in eliminating homophobia and heterosexism at PSU. The LGBTQ Student Resources provides a comprehensive range of resources and services from education, safe space, peer counseling, a meeting place, to information on LGBTQ friendly employers.

For disabled students seeking support and services:

Office for Disability Services (ODS)

<http://www.equity.psu.edu/ODS/index.html>

116 Boucke Building

(814) 863-1807

The Office for Disability Services provides services to students with disabilities.

For students seeking information and help concerning disciplinary sanctions and processes:

Judicial Affairs

<http://www.sa.psu.edu/ja/>

135 Boucke Building

(814) 863-0342

AskJA@sa.psu.edu

The Office of Judicial Affairs promotes and enforces behavioral standards, administers disciplinary processes, and educates students through mediation, leadership development, disciplinary sanctions and other educational intervention efforts.

For students seeking academic support:

Division of Undergraduate Studies

<http://admissions.psu.edu/academics/colleges/dus/>

The Division of Undergraduate Studies assists students in choosing their major, students wishing to change their major and students who are considering majors in more than one academic college.

University Learning Centers

<http://php.scripts.psu.edu/dept/ulc/index.php>

The University Learning Centers provide a variety of free academic support services for students. Services of the University Learning Centers include: The Math Center, The CEW Undergraduate Writing Center, The Language Center, The Learning Skills Center, The Supplemental Instruction Program, The Teamwork Center, The Technology Center, and The Tutoring Center.

For students seeking assistance with career issues:

Career Services

<http://www.sa.psu.edu/career/students.shtml>

111 Bank of America Career Services Center

(814)865-2377

Career Services offers a variety of resources for students designed to assist with career planning, job searches, internships, summer jobs, and graduate school selection and application.

For adult learners seeking information about financial aid, educational support and other services:

Penn State for Adult Learners

<http://www.outreach.psu.edu/adult-learners/index.html>

121 Outreach Building

(800) 252-3592

Penn State for Adult Learners provides services and support for adult learners. On their webpage students will find information on admissions, financial aid, topics germane to adult learners, and referrals to the specific offices and people who can answer questions.

For students seeking religious and spiritual programs:

Center for Ethics and Religious Affairs (CERA)

<http://www.sa.psu.edu/cera/>

The Center for Ethics and Religious Affairs provides religious and spiritual opportunities through worship, fellowship, and special programs.

For students seeking information about student organizations, opportunities and activities:

Center for Student Engagement

<http://www.sa.psu.edu/engage/>

Student Activities

209 HUB-Robeson Center

(814) 863-4624

The Center for Student Engagement provides information and support for student organizations; offers leadership opportunities, activities, and programs; and fosters programs to encourage service leadership, and volunteerism.

For students seeking information concerning fraternities and sororities:

Fraternity and Sorority Life

<http://www.sa.psu.edu/greeks/>

213-216 HUB-Robeson Center

(814) 863-8065

The Office of Fraternity and Sorority Life provides support to the active and alumni members of the Penn State fraternity and sorority community.

For students seeking cultural program and services:

Paul Robeson Cultural Center

<http://www.sa.psu.edu/prcc/>

021 HUB-Robeson Center

(814) 863-1779

euc2@sa.psu.edu

The Paul Robeson Cultural Center provides programs and services to encourage the appreciation of individuals, cultures, and communities which comprise the population of the Penn State University community.

For students seeking housing help:

Residence Life

<http://www.sa.psu.edu/rl/>

Residence Life provides living-learning environments, programs and services to support Penn State students.

For students seeking information about student events and exhibitions:

Union and Student Activities

<http://www.sa.psu.edu/usa/>

Union and Student Activities supports events and exhibitions to enhance student life at Penn State.

For various student needs:

Division of Student Affairs

<http://www.sa.psu.edu/atup.shtml>

Student Affairs provides programs and services designed to foster a more positive learning environment and to improve the learning readiness of students. Division departments provide direct services for students seeking counseling, health care, career assistance, student activities, conflict resolution and residence life services.