Teaching Philosophy Lauren C. Kramer, PhD, ATC Associate Teaching Professor in Kinesiology

My teaching philosophy revolves around two basic tenets: 1) challenge students to learn as much as they can and to achieve to the best of their abilities, and 2) provide a positive environment for learning. It is my goal to provide students with a scientific rationale for the skills which they will utilize in clinical practice. In addition to lectures, I facilitate learning through a variety of media including: hands-on laboratories, current readings from professional journals, written assignments, and small and large group discussions. I also attempt to foster problem-solving skills to prepare the students to make the clinical decisions needed to be effective health care providers.

In the past twenty one years, I have worked extremely hard to incorporate technology in the classroom in both the clinical and didactic settings and I hope to be able to utilize new strategies as they become available in the next fifteen years. My primary goal in the upcoming years is to help students become active learners and be able to apply the material they have learned in a clinical setting. I hope to be able to work with cadaver simulators, project cadaver dissections to a larger audience and incorporate various cadaveric musculoskeletal pathologies to what students may see clinically in the allied health professions.

I am a team player, extremely adaptable and I can teach a wide variety of courses in both Kinesiology and Biology. Teaching anatomy is my primary passion in academia and I hope to be able to increase my knowledge and clinical experience in this area through teaching, advising and maintaining continuing education requirements at conferences. I look forward to future opportunities at Penn State and sharing my experience with others. The most satisfying feeling is when one of your students one day becomes your peer and thanks you for being the most influential mentor in getting them where they wanted to be ©